

FALL 2018

New England School Development Council Introduces Its Board of Directors 2018-2019

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Associate Professor (retired), Boston University, MA

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TRACY E. WREND, Superintendent, Lamoille South SU, Morrisville, VT

May 2018 NESDEC Annual Meeting

Adolescents' Sleep Health: A Timely Matter

Amy Wolfson, Ph.D., psychologist and researcher, was the guest speaker for the 2018 New England School Development Council (NESDEC) Annual Meeting held on May 10 at the Courtyard Marriott in Marlborough, MA. Dr. Wolfson is a Professor of Psychology at Loyola University Maryland and a member of the Board of Directors of Start School Later, a grassroots organization committed to healthy school start times. Dr. Wolfson has been published in numerous professional journals and is the author of two books, *The Woman's Book of Sleep: A Complete Resource Guide*; and *The Oxford Handbook of Infant, Child and Adolescent Sleep Behavior*. In addition, Dr. Wolfson completed the "Sleep Smart" study, a preventive-intervention and longitudinal study of urban middle school students' sleep patterns, hygiene, behavioral well-being and academic

performance (funded by the National Institutes of Health).

In her presentation, Dr. Wolfson provided an overview of the research on later start times for high school and middle school students, noting that the American Medical Association, Centers for



Amy Wolfson

Disease Control and the American Academy of Pediatrics all recommend that middle and high schools start no earlier than 8:30 am. Dr. Wolfson discussed research supporting that sufficient and consistent sleep improves health, memory, mood and school performance, and leads to decreased sleepy driver and fall-asleep-at the wheel motor vehicle accidents. Later start times can also result in fewer behavioral problems in middle and high schools. Moreover, current research indicates that shifting middle and high schools to a later morning start time is cost-effective. Brookings Institution economists estimate a benefit-to-cost ratio of at least nine to one, and improved student performance equivalent to an additional two months in school.

In her interactive session with meeting participants, Dr. Wolfson acknowledged the very real complexities involved in implementing later school start times like bussing, athletics, and childcare arrangements. Clearly, these are factors which, sometimes, get in the way of implementing change. To move toward accomplishing the goal of later school start times, Dr. Wolfson encouraged school leaders to engage in continuing conversations with parents, community members and other stakeholders to promote an understanding of the research and develop workable strategies for implementing later start times in their districts.

For more information please visit:

www.startschoollater.net

NESDEC “On the Road”

NESDEC is a comprehensive educational services firm offering assistance to school districts throughout New England. In 2017-18, in addition to offering programs in our Professional Development Center at our Marlborough, MA headquarters, NESDEC conducted programs in several school districts.

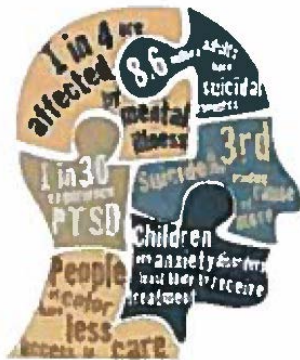
Maine

RSU #50, MSAD #14, MSAD #70, RSU #29 and the Region 2 School of Applied Technology offered a one-day professional development learning event on March 15, 2018, featuring Dr. Willard Daggett. Organized by **RSU 29 Superintendent Ellen Halliday**, the workshop centered on a daylong discussion, *Preparing Students for their Future*. Approximately 475 participants attended the event. Dr. Daggett also met with area school board members, administrators, higher education administrators, and industry leaders for an evening session entitled *Preparing Students for the Twenty-First Century*.

Massachusetts

Norwell

Assisted by the **Norwell, MA Superintendent Matthew Keegan**, NESDEC lent its support to the Southeast Collaborative Regional Organization as it presented the *Behavioral Health Symposium* held in Mansfield, MA on December 14 and 15, 2017. Approximately 400 professionals from southeastern Massachusetts, including teachers, counselors and administrators, attended the event. Feedback from participants indicated that the symposium provided valuable information regarding methods and strategies to improve learning for students with social-emotional needs.



Blackstone Valley Tech

Blackstone Valley Vocational Regional School District, with assistance from NESDEC, launched a professional development initiative, *Differences, Not Disabilities: Nurturing an Autism-Friendly Environment*. The professional development activity was coordinated by

BVT Superintendent Dr. Michael Fitzpatrick. During the event, participants were invited to attend a variety of seminars, including: “Working with Students with Neurological and Emotional Disorders”, “Leading the Way to Student Success: Behavior Interventions and Boundary Recognition”, “Building Bridges: Autism Journey to Adulthood”, and many others. Graduate credits were offered for courses: “Teaching Children with Asperger’s Syndrome” and “Professional Prep: Special Needs and Technology”.



Rhode Island

With the support of NESDEC, 24 teachers from five districts in Rhode Island completed MathAdd+Vantage Course 1 offered through the U.S. Math Recovery Council. **Smithfield, RI Superintendent Dr. Judith Paolucci** was NESDEC’s on-site representative for the workshop. The course activities were designed to help teachers gain the skills needed to diagnose and advance student understanding of numeracy. We extend appreciation and congratulations to Smithfield Assistant Superintendent Dr. Sara Monaco, who served as the site coordinator for the highly-regarded event.



Vermont

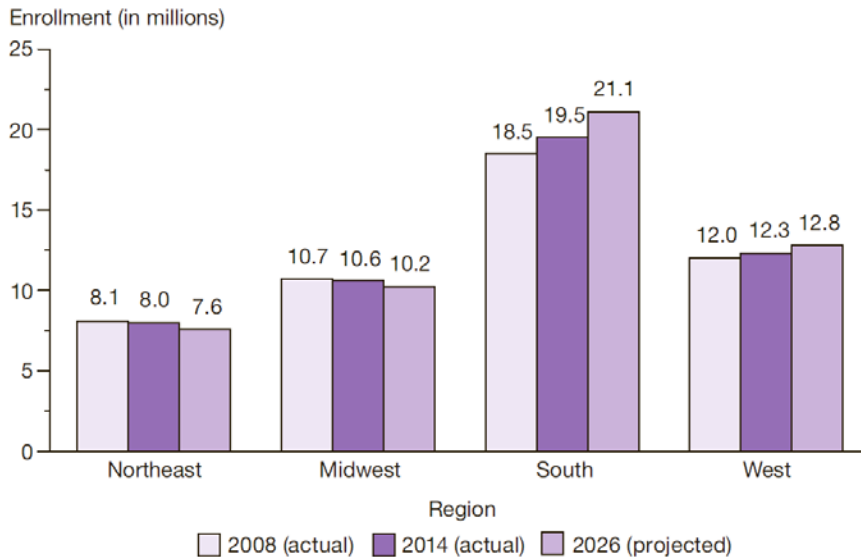
With the assistance of **Lamoille South SU Superintendent Tracy Wrend** and **Washington Central SU Superintendent William Kimball**, NESDEC provided support for the Vermont Superintendents Association’s professional development activities offered during the organization’s annual conference, May 23-25, 2018. Session topics included: Roles and Responsibilities, Legal Issues, Legislative Updates, and Best Practice Supports for Students Who Struggle. The conference was offered in partnership with the Vermont School Boards Association and the Vermont Council of Special Education Administrators.



OF INTEREST...

Actual and projected numbers for enrollment in public elementary and secondary schools, by region:

Fall 2008, Fall 2014, and Fall 2026



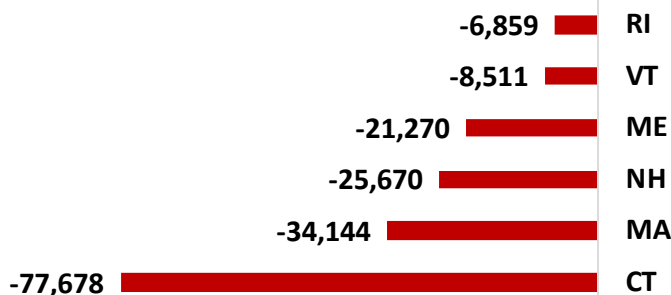
Enrollment by region

Public elementary and secondary enrollment is projected to

- ▼ decrease 5 percent between 2014 and 2026 for students in the Northeast;
- ▼ decrease 3 percent between 2014 and 2026 for students in the Midwest;
- ▲ increase 8 percent between 2014 and 2026 in the South; and
- ▲ increase 4 percent between 2014 and 2026 in the West.

SOURCE: U.S. Department of Education, National Center for Education Statistics, Common Core of Data (CCD), "State Nonfiscal Survey of Public Elementary/Secondary Education," 2008–09 and 2014–15; and State Public Elementary and Secondary Enrollment Projection Model, 1980 through 2026. (This figure was prepared April 2017.) **NOTE:** Calculations are based on unrounded numbers. Although rounded numbers are displayed, the figures are based on unrounded estimates. "Northeast" refers to the six New England states, as well as New Jersey, New York, and Pennsylvania.

New England States: PK-12 Student Decline, 2014-2026



State	Fall 2014	Fall 2026 Projected	PK-12 Decline	% Change, 2014-2026
CT	542,678	465,000	-77,678	-14.3%
MA	955,844	921,700	-34,144	-3.6%
NH	184,670	159,000	-25,670	-13.9%
ME	182,470	161,200	-21,270	-11.7%
VT	87,311	78,800	-8,511	-9.7%
RI	141,959	135,100	-6,859	-4.8%

SOURCE: USDE, National Center for Education Statistics, Projections of Education Statistics to 2026, Table 3, Pages 40-41.

Enrollment by race/ethnicity (national)

Enrollment in public elementary and secondary schools is projected to

- ▼ decrease 6 percent between 2014 and 2026 for students who are White;
- ▲ increase 1 percent between 2014 and 2026 for students who are Black;
- ▲ increase 17 percent between 2014 and 2026 for students who are Hispanic;
- ▲ increase 18 percent between 2014 and 2026 for students who are Asian/Pacific Islander;
- ▼ decrease 12 percent between 2014 and 2026 for students who are American Indian/Alaska Native; and
- ▲ increase 19 percent between 2014 and 2026 for students who are of Two or more races.

SOURCE: U.S. Department of Education, National Center for Education Statistics, Common Core of Data (CCD), "State Nonfiscal Survey of Public Elementary/Secondary Education," 2001–02 through 2014–15; and National Public Elementary and Secondary Enrollment by Race/Ethnicity Projection Model, 1994 through 2026.

NESDEC Executive Searches 2017-2018

*We congratulate these school leaders
appointed following
NESDEC Executive Search Assistance:*

Dr. Glenn Brand

Superintendent, Wilmington, MA

Dr. Carol Cavanaugh

Superintendent, Hopkinton, MA

Mr. Sean Gallagher

Superintendent, Newburyport, MA

Mr. Peter Light

Superintendent, Acton-Boxborough RSD, MA

Mr. Gary Mala

Executive Director, EASTCONN, CT

Dr. William Lupini

Superintendent, SAU #21, NH

Ms. Alexis Morgan

Asst. Superintendent for Student Services,
Cambridge, MA

Mr. Brad Morgan

Superintendent, North Middlesex RSD, MA

NESDEC Current Executive Searches 2018-2019

*Hingham, MA – Superintendent Search
Lowell, MA – HR Director Search (Outreach Only)
Randolph, MA – Superintendent Search
Swampscott, MA – Business Manager Search
(Outreach Only)*

**For more information about our
current executive opportunities,
please contact the NESDEC Search Office:**

Phone: 508-481-9444

Email: search@nesdec.org

www.nesdec.org/executive_search/currentsearches.aspx

NESDEC Planning and Management Projects 2017-2018

We are pleased to have completed planning projects in the following districts:

ACCEPT Education Collaborative, Natick, MA

Title IX Training

Billerica, MA

Review of Special Education Program Delivery

Branford, CT

Paraprofessional Workflow Review

Central Falls, RI

Demographic Study (with Architect)

Easton, Redding, Region 9, CT

Best Educational Use of Facilities Study

East Providence, RI

Demographic Study

Foster-Glocester RSD, RI

Title IX Training for Rhode Island Area Schools

Framingham, MA

Program/Policy Sessions, Gifted & Talented Program

Gorham, ME

Demographic Study

Ipswich, MA

Human Resources Audit

Milford, MA

Long Range School Facilities Master Plan

Norfolk, MA

Demographic Study

North Attleborough, MA

Best Educational Use of Facilities Study

RSU #26, Orono, ME

Demographic Study

SAU #05 (Oyster River CSD, NH)

Strategic Planning

SAU #11 (Dover, NH)

Strategic Planning

Seekonk, MA

Best Educational Use of Facilities Study & Strategic Planning

Sharon, MA

Policy and Planning Sessions

Springfield, MA

Long-Range School Facilities Master Plan

Sudbury, MA

Demographic Study & Strategic Planning

Taunton, MA

Demographic Study

Wilton, CT

Best Educational Use of Facilities Study

Worcester, MA

Feasibility Study for South High School (with Architect)

NESDEC Current Planning Projects 2018-19

Franklin County Schools, MA – Enhanced Enrollment Projections (with MARS)

Gorham, ME – Long-Range School Facilities Master Plan

Hingham, MA – Demographic Study

Lynnfield, MA – Enhanced Enrollment Projections

SAU #17 (Sanborn RSD, NH) – Best Educational Use of Facilities Study

Scituate, RI – Best Educational Use of Facilities Study

Springfield, VT – Strategic Planning

West Boylston, MA – Best Educational Use of School Facilities Study

Member:



Coalition Partner:



health, safety and equity in education

