



New England School Development Council

28 Lord Road, Marlborough, MA 01752 Tel: 508-481-9444 www.nesdec.org

NESDEC ANNUAL MEETING

The NESDEC Annual Meeting is scheduled for Thursday, May 10, 2018, at the Marlborough Courtyard by Marriott, located at 75 Felton Street, Marlborough, MA 01752 (directions below).

This year our presenter will be:

Amy Wolfson, Ph.D.
Loyola University Maryland, Professor of Psychology
Adolescents' Sleep Health: A Timely Matter

Amy R. Wolfson has been published in numerous journals and is the author of two books, *The Woman's Book of Sleep: A Complete Resource Guide* and *The Oxford Handbook of Infant, Child, and Adolescent Sleep and Behavior*. Dr. Wolfson recently completed the "Sleep-Smart" study, a longitudinal study of urban, middle school students' sleep patterns, hygiene, behavioral well-being, and academic performance, funded by the National Institutes of Health. She is co-editing a special issue for Sleep Health entitled "Sleep Science and Policy: A Focus on School Start Times", and her current research is addressing the implications of emotional and physical health practices on adolescents' sleep.

REGISTRATION FORM

Please make _____ reservation(s) for the NESDEC Annual Meeting.

Name _____ Title _____

Name _____ Title _____

Name _____ Title _____

District _____

Registration Fee (**Meeting/Dinner**): **Dinner space is limited!**

NESDEC affiliates – no charge – registration required

Non-affiliates \$60.00 _____ Check Enclosed _____ P.O. Enclosed

PLEASE MAIL, FAX (508-481-5655) or EMAIL (nesdec@nesdec.org)

TO NESDEC BY APRIL 27, 2018

SPACE IS LIMITED!

The Marlborough Courtyard by Marriott is only a few minutes off Route 495. Take Route 495 (North or South) to **Exit 24B** (Route 20 West).

From 495 North – On Route 20 West, cross over Route 495 and take the first right (BEFORE THE SHELL STATION) onto Felton Street – the hotel is on the right.

From 495 South – On Route 20 West, take an immediate right (BEFORE THE SHELL STATION) onto Felton Street – the hotel is on the right.